

**PEAK WOO, MD, FACS**

LARYNGOLOGY AND VOICE DISORDERS • DISEASES OF THE EAR, NOSE AND THROAT

---

Peak Woo, MD, PLLC • 300 Central Park West, 1-H • New York, NY 10024 • (212)580-1004 • (212)580-6101 (fax)

**Please Bring This Packet With You On Your Procedure Day**

**Patient Name:**

**Procedure Date:**

- Our office will contact you two days before to confirm the time of your procedure. If you are scheduled on a Monday, you will be contacted the Thursday afternoon before your procedure. Please note that you must arrive at the hospital 2 hours prior to your procedure time. In the event that you do not arrive on time there is a possibility that your procedure will be cancelled and rescheduled for another date and time.
- In order to be discharged from the hospital patients **must** be accompanied by someone. If someone is not available to assist you, your procedure will be cancelled.

**You should not eat or drink anything after midnight on the day before your procedure unless instructed, however; you are permitted to have water up to two hours prior to your scheduled procedure time.**

**Admission Directions:**

On the day of your procedure report to:

**NYEEI of Mt Sinai  
310 East 14th Street  
1st Floor Admitting Department  
212-979-4000**

The parking garage offers patient discounts. Just validate ticket at lobby front information desk. "Little Man" Parking at 220 E 9th St. between 2nd and 3rd. **212-979-4306.**

**YOU HAVE A POST-SURGICAL APPOINTMENT\***

**\*Post-Operative Date/Time:**

**\*This appointment is scheduled back in Dr. Woo's office.**

If you have any questions regarding your procedure or the following information provided, please contact the surgical scheduler for at **(212) 580-1004 option 4.**

## **TWO WEEKS PRIOR TO YOUR PROCEDURE**

### **MEDICATION:**

See the attached list of medications to avoid. Please consult your physician if you are taking aspirin or any other blood thinners such as (COUMADIN) before discontinuing medication.

\*If your physician advises you to continue with your medication on the day of your procedure you must take it with just a sip of water in order to get the medication down.

In the event that you develop a cold, infection, or any other illness before the day of your procedure, you must contact our office at 212-580-1004 to reschedule.

### **PREOPERATIVE TESTING:**

Pre-operative testing can be done either locally or at:

**Pre-Admissions Testing  
NYEEI of Mt Sinai  
310 East 14th Street**

## **ON THE DAY OF YOUR PROCEDURE:**

### **Remember to Bring:**

- Insurance Cards & Photo ID
- Medications
- Contact lens wearers must bring their lens containers and saline solution.
- Wear comfortable shoes & clothing.
- **Do not wear make-up, nail polish or jewelry.**
- **Do not** bring valuables to the hospital.

### **FAMILY WAITING AREA:**

Located adjacent to the Admissions Office. The Coordinator there will arrange all communications with your surgeon. If you choose to have someone contacted at another location after your procedure, please leave that contact information with the coordinator.

### **GUEST SERVICES:**

If accommodations are required for your stay in New York City- Mt. Sinai can assist with arrangements for you at **The Marriot Courtyard-212-241-5431**. If accommodations are unavailable, another option is **The Hotel Wales**, located at **1295 Madison Avenue -212-876 -6000**. This hotel has no affiliation to the Mount Sinai Medical Center.

### **ADDITIONAL PATIENT RESPONSIBLE CHARGES:**

Hospital charges contact NYEEI Financial Screening for Facility and Anesthesia charges : 212-256-3777

**We advise all our patients to contact them to understand their full financial responsibilities.**

**MEDICATIONS NOT TO BE TAKEN 2 WEEKS PRIOR TO SURGERY OR 2 WEEKS AFTER**

- |  |                                   |                                     |                                   |
|--|-----------------------------------|-------------------------------------|-----------------------------------|
| A/D Caplets®                                     | Cama Inlay-Tabs®                  | Gelpirin Tablets®                   | Presalin®                         |
| Advil®   | Capatryn®                         | Gensan®                             | Propoxyphene HCl/Aspirin Capsules |
| Alka-Seltzer Effervescent pain Reliever®         | Carisoprodol Compound®            | Ginkoba                             | Robaxinal Tablets®                |
| Alleve   | Cefnal Tab®                       | Ginseng                             | Rotense®                          |
| Aluprin®   | Cherocol®                         | Goody's Headache powder®            | Rowasa®                           |
| Anacin Analgesic Capsules®                       | Choline Salicylate                | Herbal medications                  | Roxicprin Tablets®                |
| Anexia-D with Codeine®                           | Choline and Magnesium Salicylates | Herbs (Grapeseed Extract,Ginseng)   | Salagen®                          |
| A.P.C. Preparations®                             | Clinoril Codoxy®                  | Hiprin®                             | Salcto®                           |
| Artha-G®   | Codral®                           | Histadyl and A.S.A.®                | Sal flex®                         |
| Arthritis Bayer Aspirin®                         | Congesprin®                       | Hyco-Pap®                           | Salibar Jr.®                      |
| Arthritis Pain Formula®                          | Coralasone®                       | Ibuprofen®                          | Salicylamide®                     |
| Arthropan®                                       | Coricidin "D" Decongestant®       | Indenol®                            | Salocel®                          |
| A.S.A. Enseals®                                  | Coricidin Demalets®               | Isollyl®                            | Salsalate®                        |
| A.S.A. Prep®                                     | Coricidin Tablets®                | Lanorinal®                          | Sedalgesic®                       |
| Ascocdeen-30®                                    | Cosprin®                          | Liquiprin®                          | Sine-Aid®                         |
| Asmatex®   | CP-2®                             | Lortab ASA Tablets®                 | Sine-Off Sinus Medicine Tablets®  |
| Ascriptin®                                       | Damasone®                         | Magan®                              | SK-Oxycodone with Aspirin®        |
| Ascriptin A/D®                                   | Damasone-P®                       | Magnaprin Magnesium Salicylate®     | Sloprin®                          |
| Ascriptin with Codeine®                          | Darvon Compound®                  | Major-cin®                          | Sodium Salicylate®                |
| Asperbuf®  | Darvon with A.S.A.®               | Maprin®                             | Soma Compound Tablets®            |
| Aspercin®  | Darvon-N with A.S.A.®             | Marmal Tab®                         | Soma Compound with Codeine®       |
| Aspercin Extra®                                  | Dermisyn ®                        | Measurin®                           | Stanback®                         |
| Aspergum®  | Diabetic®                         | Meprin®                             | St. John's Wort                   |
| Aspermin®  | Dihydrocodeine Compound®          | Mepro-Analgesic®                    | Sulindac®                         |
| Aspermin Extra®                                  | Disalcid®                         | Mepro Compound®                     | Supac®                            |
| Aspirbar®  | Doan's Pills®                     | Meprobramate and Aspirin®           | Synalgos Synalgos-DC Capsules®    |
| Aspir-Phen®                                      | Dolene Compound-65®               | Meprogescic®                        | Talwin Compound Caplets®          |
| Aspirin Plus®                                    | Doloral Tab®                      | Methocarbamol and Aspirin®          | Tolectin®                         |
| Aspirin with Codeine Phosphate Tablets No.2,3,4® | Dristan®                          | Micrainin®                          | Triaminic Tablets®                |
| Aspirin Uniserts®                                | Duralgesic®                       | Midol®                              | Trigescic®                        |
| Aspirjen®  | Durasal®                          | Mobidin®                            | Trilisate®                        |
| AspirTab®  | Easprin®                          | Momentum Muscular Backache Formula® | Trisalicylate®                    |
| Axotal®  | Ecobrin Enteric Coated Aspirin®   | Mono-Gesic Tablets®                 | Uromide®                          |
| Axdone Tablets®                                  | Ecotrin Tablets®                  | Motrin Nicorest®                    | Ursimus®                          |
| B-A-C Tablets®                                   | Efficin®                          | MS-650®                             | Vanquish Caplets®                 |
| B-A-C3®  | Emagrin®                          | Naprosyn ®                          | Vitamin E (Mega-Doses)®           |
| Bayer Aspirin®                                   | Empirin®                          | Norgesic Tablets®                   | Voltaren®                         |
| BC Tablets®                                      | Empirazin®                        | Norgesic Forte Tablets®             | Wesprin Buffered®                 |
| Brogescic®                                       | Emtrab with Codeine®              | Norwich Aspirin®                    | Zorprin®                          |
| Buf-Tabs®  | EnTab-650 Tablets®                | Nuprin Ibuprofen/Analgesic®         |                                   |
| Buf-A Comp®                                      | Entrophen®                        | Orphenegesc Forte®                  |                                   |
| Bufafaprin®                                      | Equagesic Tablets®                | Oxycodone with Aspirin Tablets®     |                                   |
| Bufadayne®                                       | Equazine-M®                       | P-A-C®                              |                                   |
| Bufafaprin®                                      | Excedrin®                         | Pabirin Buffer®                     |                                   |
| Bufiferin®                                       | Fiorgesic Tablets®                | Palgesic®                           |                                   |
| Bufferin with Codeine®                           | Fiorgen®                          | Paranalgesic®                       |                                   |
| Bufifex®   | Fiorinal®                         | Percodan Tablets®                   |                                   |
| Bufinol Tab®                                     | Fiorinal with Codeine®            | Percodan-Demi Tablets®              |                                   |
| Butalbital Compound®                             | Fortabs®                          | Persistin®                          |                                   |
| Cama Arthritis Reliever®                         | 4-Way Cold Tablets®               | Piavix                              |                                   |
|  | Garlic & garlic tablets           |                                     |                                   |

## **PREOPERATIVE CLEARANCE:**

Please be advised that you must schedule an appointment with your physician and the following sheet(s) should be brought to his/her office to be completed.

Pre-admission test results and forms must be faxed directly to Dr. Woo's office at **212-580-6101**. This information must be faxed **at least seven days before your procedure.**

### **ONLY THE CHECKED OFF TESTS are to be completed prior to your surgery:**

#### **1. Laboratory Studies:**

- a. **Electrolytes are required for patients on dialysis 24 hr before surgery**
- b. **Necessary if there is medications: diabetes, blood pressure, anti-coagulants, anemia**

**CBC WITH PLATELETS & DIFFERENTIALS**

**PT, PTT, INR**

**SMA-20, ELECTROLYTES (Na, K,CO2 Total)**

#### **2. Chest X-RAY(PA View):**

- a. **Required for patients with any history of COPD, asthma, pneumonia, chest surgery, open neck surgery or significant disease.**
- b. **A written report is acceptable and good for one year.**

#### **3. EKG- required for patients 65 years of age or older and otherwise indicated.**

- a. **A recent EKG is valid for 6 months.**

#### **4. Medication List: A written complete medication list is necessary upon your admission as outpatient or inpatient. Your physician must provide dosage/dosage times of medication regimen and whether regimen should be continued/discontinued leading up to your procedure.**

#### **5. Medical Clearance: only if requested by Dr. Woo or your own physician.**

#### **6. History & Physical Examination Form: The History & Physical Examination Form must be completed by a physician. Patients who are **18 years and younger** must have the **History & Physical** form completed by their pediatrician. Labs are not required.**

#### **7. On the day of surgery:**

- a. **No solids 8 hours before surgery.**
- b. **Maximum of 6 oz Water up to 2 hours before surgery is OK.**
- c. **Sip of water with medication on morning of surgery is OK up to 2 hours before surgery.**